

JANUARY 2012

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2 New Year Holiday	3 APPLE SAUCE MEATLOAF W/GRAVY MASHED POTATOES GREEN BEANS WHEAT BREAD MANDARIN ORANGES IN JELLO 1% MILK	4 CRANBERRY JUICE MULTI BEAN SALAD SLICED TURKEY W/GRAVY SWEET POTATOES PEAS & ONIONS MULTI GRAIN DINNER ROLL COLD APPLE CRISP 1% MILK	5 ORANGE JUICE BEEF BURGUNDY OVER NOODLES MIXED VEGETABLES PEARS WHEAT BREAD 1% MILK	6 GRAPE JUICE SPLIT PEA SOUP EGG SALAD PLATTER ON LEAF LETTUCE BROCCOLI SLAW WHEAT BREAD PINEAPPLE TIDBITS 1% MILK
9 PORK LOIN SLICED CARROTS MASHED POTATOES DINNER ROLL SAUERKRAUT 3 BEAN SALAD FRESH ORANGE 1% MILK	10 APPLE JUICE RIGATONI W/MEATBALLS MIXED VEGETABLES FRESH FRUIT MULTI GRAIN DINNER ROLL 1% MILK	11 NAVY BEAN SOUP WHOLE WHEAT CRACKERS TUNA SALAD COLD PLATE LETTUCE & TOMATO SLICES PINEAPPLE RINGS HOT FRUIT COMPOTE 1% MILK	12 CRANBERRY JUICE CORNISH GAME HEN RICE PILAF BROCCOLI CASSEROLE DINNER ROLL APPLE PIE 1% MILK	13 PINEAPPLE JUICE SALISBURY STEAK W/GRAVY MASHED POTATOES PEARS IN JELLO GREEN BEANS DINNER ROLL 1% MILK
16 Martin Luther King Holiday	17 PINEAPPLE JUICE 1/4 BEEF HOT DOG SLICED CARROTS BBQ BUTTER BEANS PEACHES HOT DOG ROLL 1% MILK	18 GRAPE JUICE CHICKEN BREAST PICATTA BUTTERED NOODLES SUMMER BLEND MIXED VEGGIES WHOLE WHEAT BREAD APPLE SAUCE 1% MILK	19 CITRUS CUP ROAST BEEF W/GRAVY MIXED VEGETABLES ROSEMARY MASHED POTATOES MULTI GRAIN ROLL FRUIT AMBROSIA 1% MILK	20 SPLIT PEA SOUP CRANBERRY JUICE SEAFOOD SALAD LEAF LETTUCE GARNISH WHEAT BREAD COLE SLAW HOT APPLE CRISP 1% MILK
23 PINEAPPLE JUICE SALISBURY STEAK W/GRAVY MASHED POTATOES GREEN & YELLOW SQUASH CASSEROLE MULTI GRAIN ROLL 3 BEAN SALAD APPLESauce 1% MILK	24 ORANGE JUICE HOT HAM W/PINEAPPLE RAISIN SAUCE SWEET POTATO SOUFFLE SUMMER BLEND VEGGIES FRUIT COCKTAIL RYE BREAD 1% MILK	25 PINEAPPLE JUICE BAKED CHICKEN QUARTER CARIBBEAN VEGETABLES PEACHES FRIED RICE WHOLE WHEAT BREAD 1% MILK	26 COLE SLAW GRILLED BEEF PATTY HAMBURGER ROLL CREAMED KALE BAKED BEANS ORANGE SECTIONS LETTUCE & TOMATO 1% MILK	27 TOSSED SALAD RANCH DRESSING SWEDISH MEATBALLS ROTINI PASTA GREEN BEANS ITALIAN BREAD TROPICAL FRUIT 1% MILK
30 PINEAPPLE JUICE OPEN FACED ROAST BEEF SANDWICH W/GRAVY MASHED POTATOES GLAZED CARROTS APRICOTS WHITE BREAD 1% MILK	31 FRUIT PUNCH LENTIL SPINACH SOUP GRILLED CHICKEN BREAST SANDWICH ROLL PROVOLONE CHEESE LETTUCE GARNISH COLE SLAW FRUITED GELATIN W/PEARS 1% MILK	<p>TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE, CONTACT YOUR MEAL MANAGER. EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER MEAL HELPS MAKE MORE MEALS POSSIBLE.</p> <p>MENUS ARE SUBJECT TO CHANGE</p>		